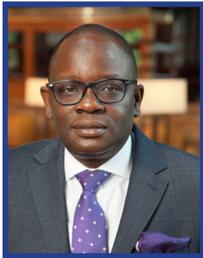


## WORDS OF WISDOM

MESSAGE FROM BABAJIDE SALAKO, MD CEO



As we embark on the second half of the year, Dialysis Care Center looks to continue the momentum we established during the last six months. Our company is experiencing tremendous growth allowing for exciting new opportunities for our staff, access of care to our patients and developing a culture of excellence, care and safety.

Throughout the coming months, we will be committing ourselves to sustaining our business through the efforts of shared learning and the continuation of interactive and insightful education for our staff and patients. The objective of these efforts are to empower patients to make informed decisions on their health and the staff to provide quality dialysis care for our patients.

## QUALITY CARE INITIATIVE

IMPROVING CARE & PATIENT EXPERIENCE

At Dialysis Care Center, our commitment to providing exceptional dialysis care and a better patient experience has led to the development of the Quality Care Initiatives program. Spearheaded by our Chief Medical Officer, Mohammed Shafi, MD, the program is driven by three key elements; Quality, Education, and Operations.

In 2019, our focus initiatives are Catheter Reduction (CVCs), Missed Treatments, Readmissions, and Infections. Each quarter we will provide our staff and patients with the necessary educational tools and handouts; ensuring positive outcomes and our quarterly company goals are obtained. As we launch the Quality Care Initiative program, we request the continued engagement of our staff and patients. By doing so, will help develop an environment that is Happy, Healthy, and Hospitalization Free.



## CENTER SPOTLIGHT

DIALYSIS CARE CENTER (BEVERLY) - CHICAGO, IL

On March 1<sup>st</sup>, Dialysis Care Center (Beverly) opened its doors in Chicago, IL. Located at 10801 South Western Avenue, in the heart of the diverse Beverly neighborhood, the center provides the community convenient and assessable in-center services.

The center's contemporary architecture, features LED inset lighting, clean sight-lines, modern wood planking and warm decor; providing an inviting environment for our patients.

Our company is excited to expand our presence in the Chicago area and look forward to providing quality dialysis treatment our Beverly patients for years to come.

## COMPANY EXPANSION

NEW DCC CENTER ANNOUNCEMENTS

This past year, Dialysis Care Center has experienced considerable milestones as a company with phenomenal growth which we have continued into 2019. We are proud to announce the expansion projects for the remainder of the year.

- Chambersburg – Opened in May
- Hazel Crest, IL – Fall 2019
- McConnellsburg, PA – June 2019
- Lebanon, PA – Fall/ Winter 2019  
(Fulton County Medical Center)
- Merrillville, IN – July 2019
- Evergreen Park, IL – Winter 2019
- Elgin, IL – July 2019

In April 2019, the state of Kansas joined Arkansas, Idaho, Maine, Maryland, New York and Oklahoma in signing a landmark bill into legislation to protect living organ donors and encourage organ donation. The Legislation, modeled after the Living Donor Protection Act of 2019 (H.R. 1224 and S. 511) which passed in Congress on February 14th, will eliminate the discriminatory barriers that many organ donors face when seeking to donate an organ.

According to the National Kidney Foundation, "There are nearly 114,000 people in the United States on the waiting list for organ transplants. Most of those – 83% – need a kidney." In passing the legislation, these states rectify many of the issues that detoured willing donors and in turns negatively impacting the availability of kidneys to those living with End-Stage Renal Disease (ESRD). At its forefront, the legislation allows donors to utilize the Family and Medical Leave Act. Allowing for time off from work to recover from donation surgery. In addition, donors will not be denied or given limited coverage or higher premiums for life, disability and long-term care insurance. The achievements of these states and those that follow, serves as a tremendous milestone in the efforts to expand the accessibility of lifesaving transplants and provides hope for those living with ESRD.

## FROM OUR TABLE TO YOURS

### RENAL FRIENDLY NUTRITION & DIETARY NEWS



## Spanish Paprika Chicken (Serves 4)

Recipe provided by: Sonal Patel, MS,RD, LDN - DCC Renal Dietitian

### Ingredients

3 tablespoons vegetable oil	2 tablespoons Spanish paprika
½ cup thinly sliced onions	½ teaspoon cayenne pepper
¼ cup thinly sliced green peppers	1 teaspoon dried marjoram
¼ cup thinly sliced red peppers	½ cup sour cream
4 skinless chicken breasts (3oz each)	

### Directions

- Heat oil and cook onions, green and red peppers in large heavy skillet over medium heat.
- Cover the skillet until the onions and peppers are soft, stirring occasionally, for about 10 minutes.
- Remove onion and peppers mixture in a bowl and set it aside.
- In the same skillet, pan fry each chicken breast until browned, about 1 minute each side.
- Return the onion mixture to the skillet.
- Add Spanish paprika, cayenne peppers and marjoram.
- Simmer for 5 minutes, stirring constantly. Using slotted spoon, transfer the chicken into a serving platter.
- Mix the sour cream into the sauce and heat thoroughly (do not boil).
- Pour sauce over the chicken and serve.

### Nutritional Information

Recipe Feeds 4

Serving: 1 chicken breast (3oz) with 1/3 cup sauce

Calories – 256 Kcals; Protein- 21 gm; Fat 18 gm; Carbohydrates- 4 gm

Cholesterol – 62 mg; Phosphorus-200 mg; Sodium 71 mg; Potassium 310 mg

## TEAM CARE - COMING SOON

- EMPLOYEE RECOGNITION
- PATIENT TESTIMONIES/ SPOTLIGHTS

## COMPANY CALENDAR

### EVENTS, EDUCATION & UPDATES

### JUNE

- All Month** – Men’s Health Month
- All Month** – Medication and Treatment Compliance  
(DCC Patient Education)
- All Month** – Anemia (DCC Employee Education)
- June 1** – Memphis Kidney Walk
- June 9** – Medical Assistants Day
- June 10 - 16** – Men’s Health Week
- June 16** – Father’s Day
- June 20** – Open House  
McConnellsburg, PA (Fulton County)
- June 23** – Chicago Kidney Walk

### JULY

- All Month** – Meeting Adequacy Goal  
(DCC Patient Education)
- All Month** – Dialysis Access  
(DCC Employee Education)
- July 4** – Independence Day
- July 14 - 27** – Donate Life ECHO Week
- July 28** – World Hepatitis Day

### AUGUST

- All Month** – Immunization Awareness Month
- All Month** – Importance of Vaccinations  
(DCC Patient Education)
- All Month** – Fluid Management  
(DCC Employee Education)
- Aug 4 - 10** – Health Center Week
- Aug 7** – Patient Appreciation Day