

# Day-After Turkey Sandwich

**Serving Size**

1 Sandwich

**Skill Level**

Easy

**Diet Type**

Dialysis

**Ingredients**

- 2 pieces of white bread
- 3 ounces of turkey
- 2 slices of onion
- 3 pieces of lettuce
- 1 tbsp light mayo
- 1 tbsp fat free sour cream

**Directions**

1. Toast 2 pieces of white bread.
2. Construct sandwich by adding turkey, onion, and lettuce.
3. Make "DCC healthier version of mayo" by mixing together light mayo and fat free sour cream.
4. Spread on toast.
5. Slice sandwich in half and enjoy!

**Nutrition Facts**

1 Sandwich

Amount per serving

**Calories 275**

<b>Sodium</b>	330 mg
<b>Potassium</b>	298 mg
<b>Phosphorus</b>	244 mg
<b>Carbohydrates</b>	26 g
<b>Protein</b>	29 g
<b>Fiber</b>	2 g